

Run Lola Run tackles some of the best themes for the film medium: **time, fate, choice, chance...**

Choice always brings change, and movement is essentially just a series of changes. The medium itself actually speaks to the thematic and conceptual content. When that happens I think you've got a really great piece of art on your hands.

In Lola's world, time is scrambled. Irreversible happenings are reversed on. "Fate" is actually determined by individual choice. In exploring multiple outcomes of the same situation, something that doesn't exist in our reality, the director puts the profound affects of minor choices on display. These topics are pretty central to the human experience.

They've taken up a good deal of space in my mind over the years. The pace, the style, the conventions and tacit qualities of Lola's world, everything that makes up the unique, invisible fabric of the movie, has an uncanny familiarity for me in its strangeness, absurdity, and confusion. I think its a movie for young people—confusion and chaos seem to go hand in hand with youth. It captures the way reality can often feel and presents it cleverly and accessibly.

Plus, it is quite simply fun. It's visually and sonically energetic, experimental, and interesting. It features perhaps my favourite soundtrack, ever. I knew the music long before I had ever seen the film—my parents were fans and owned the cd. My dad used to bounce me and my sister around to it as kids. He called it "big girl music." My sister now holds onto that cd (much to my envy, as it is hard to find elsewhere...)

